



Beautii

TANNING TIPS



Please follow these tips to ensure you have the best tanning experience and achieve optimal results

How to prepare for your at-home spray tan

Exfoliation: Exfoliate skin thoroughly before the session, removing dead skin will help the tan to last longer.

Shaving / waxing: Shave body hair 24hrs before the session and we recommend waxing at least 48hrs prior, if this is not possible ensure you apply cold water to the areas to close pores.

Shower: On the day of your spray tan finish your shower with cold water to close pores.

Moisturising: In the days leading up to your appointment we recommend moisturising to hydrate skin, well hydrated skin will absorb the tanning solution more evenly.

Avoid oil-based products: On the day of your spray tan avoid using oil-based products like, moisturizers, lotions, oils or perfumes, as they can create a barrier and affect the tan's absorption.

Skip makeup and deodorant: Remove all makeup, deodorants or other products from your skin before your appointment, as they can interfere with the tanning solution, and remove all jewellery too.

During your at-home spray tan appointment

Your Beautii Spray Tan Artist will begin the appointment with a consultation to assess your skin tone and discuss your desired shade, to select the best solution for your spray tan.

Chose between an express solution (2-3hrs development) or the overnight solution (8hrs development). The results of both last the same length of time. You can let us know your preference regarding the solution and brand type in advance. Otherwise, your Beautii Tanner will bring a selection of solutions on the day, to colour match you on site.

Your tanner will bring a portable tent, sticky feet to protect your home, a hairnet and disposable thong, although you can wear your own underwear if you'd prefer.

We advise setting up the tan tent in the room with the most natural light and with enough space, the average tent dimensions are 210cm high x 120cm wide x 120cm deep.

After your spray tan

Avoid water & sweat: Avoid activities that could cause sweating or coming into contact with water for the recommended development time (usually 2-8 hours depending on the solution chosen express / overnight). It is also best to avoid activities which cause excessive sweating for 24hrs after your spray tan session.

Wear loose dark clothing: We recommend wearing loose, dark clothing, flip flops and no socks immediately after the session to prevent the tan from being rubbed off or transferring onto clothes.

Development time: Your Beautii spray tanner will recommend how long to leave your spray tan on to develop before showering - depending on solution (express or overnight) this will be between 2-8hrs)

Luke warm shower: Once the tan has developed have a luke warm shower to rinse off the tan and pat your self dry, avoid rubbing which may cause unevenness.

Moisturise regularly: To prolong your spray tan moisturise daily, using a hydrating but oil free and alcohol free product, as these can strip the tan.

Swimming pools & hot tubs: Chlorinated water will contribute to your tan fading quicker but a pre holiday tan is always a good idea!

Gentle cleansing: Use a mild hydrating cleanser on your face and avoid exfoliating products to prevent accelerated tan fading.

You can read more tips from our Beautii tan artists [HERE](#)

SPRAY TANNING FAQ

How long are spray tan bookings?

The preparation, application and packing down of the equipment takes 30 minutes.

How long will my tan last? The longevity of your tan depends on after care but your tan will generally last 5-10 days.

Between spray tan appointments It is important to thoroughly exfoliate all residue tan off before the next spray tan.

Can I have a spray tan while pregnant? Tanning solutions are generally safe for those pregnant or breast feeding but do consult your doctor if you have concerns as the effects of inhaling spray tan while pregnant are unknown.

If you have any additional questions or concerns please contact the Beautii concierge team by phone or email who are on hand to help.