



— HOW TO ACHIEVE THE PERFECT GLOW

TANNING TIPS

*your guide for at-home
professional spray tanning*

*Here is a simple guide for achieving perfect
results and maintaining your tan*

Beautii

HOW TO PREPARE

for your at-home spray tan

A little preparation goes a long way. Follow these steps in the days leading up to your appointment for an even, long-lasting result.

01

EXFOLIATE

Exfoliate skin thoroughly before the session. Removing dead skin helps the tan develop evenly and last longer.

02

SHAVE OR WAX IN ADVANCE

Shave body hair 24 hours before, or wax at least 48 hours prior. If this isn't possible, rinse the area with cold water to close pores.

03

MOISTURISE DAILY

In the days leading up to your appointment, keep skin well hydrated — moisturised skin absorbs tanning solution more evenly.

04

AVOID OIL-BASED PRODUCTS

On the day of your tan, skip moisturisers, lotions, oils and perfumes — they create a barrier and affect absorption.

05

SKIP MAKE-UP & DEODORANT

Arrive with a clean canvas. Remove make-up, deodorant and jewellery before your appointment — anything left on skin can interfere with the solution.

06

FINISH YOUR SHOWER COLD

A cool rinse at the end of your shower on the day of your tan helps close pores and prepares the skin for an even finish.

DURING YOUR APPOINTMENT

Your Beautii Tan Artist begins with a consultation to assess your skin tone and discuss your desired shade — selecting the solution that suits you best.

OPTION A

1–4 hrs

Express development



Best when you need to be out the same day. Same longevity as the overnight solution.

OPTION B

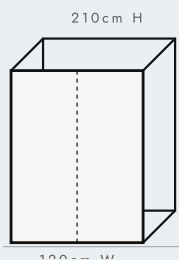
8 hrs

Overnight development



Slept-in development for the deepest, most gradual finish. Wear loose, dark clothing to bed.

Let us know your preference in advance, or your tanner will bring a selection on the day and colour match you on site.



THE TENT WE BRING

Set up in the room with the most natural light, with space to spare.

210CM HEIGHT
120CM WIDTH
120CM DEPTH

YOUR TANNER BRINGS

- Portable spray tan tent
- Sticky feet to protect floors
- Disposable thong (or wear your own)
- Selection of solutions
- Hairnet
- Professional spray equipment

AFTERCARE

to keep the glow

01

AVOID WATER & SWEAT

No water or activities causing sweat during your development time (2–8 hours). Avoid heavy sweat for 24 hours after.

02

WEAR LOOSE, DARK CLOTHING

Loose, dark layers and flip flops immediately after — no socks. Prevents transfer and rub-off while the tan sets.

03

RINSE WITH A LUKE-WARM SHOWER

Once developed, rinse in a luke-warm shower and pat dry. Don't rub — it can cause unevenness.

04

MOISTURISE DAILY

Use a hydrating, oil-free and alcohol-free moisturiser. Avoid exfoliating products and harsh face cleansers — they strip the tan.

FREQUENTLY ASKED

HOW LONG IS THE APPOINTMENT?

Around 30 minutes from set-up, application to pack-down.

BETWEEN APPOINTMENTS?

Thoroughly exfoliate any residue from the previous tan before your next session.

POOLS, HOT TUBS & THE SEA?

Chlorine fades a tan faster — a pre-holiday tan is still always a good idea.

HOW LONG WILL MY TAN LAST?

Generally 5–10 days, depending on aftercare.

PREGNANT OR BREASTFEEDING?

We don't advise spray tanning during the first trimester of pregnancy or while breastfeeding.

CAN I CHOOSE MY SOLUTION?

Yes — share your preference in advance or let our tanner colour-match you on the day.

Any other questions? Our concierge team is on hand by phone, email or WhatsApp — always happy to help.

BEAUTII CONCIERGE

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